



Renee Cage



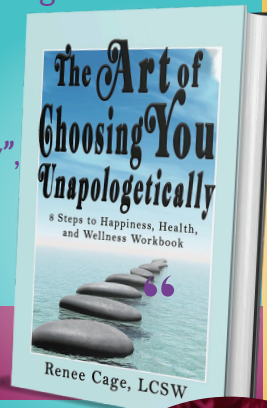
Empowering Confidence and Inspiring Action



ABOUT RENEE CAGE

Renee Cage, is a licensed clinical therapist, coach, international speaker, and author who brings over 23 years of leadership experience to the stage. Known for her engaging and inspiring presentations, Renee's E.M.P.O.W.E.R. Mindset Formula has helped countless individuals conquer self-doubt and achieve their goals.

As the CEO of Empowered by Courage and the author of *"The Art Of Choosing Yourself Unapologetically"*, Renee is dedicated to helping people and organizations unlock their full potential.



WHAT OTHERS SAID

“Renee is an exceptional speaker with a powerful, clear message on slowing down, avoiding burnout, and getting back on track. I highly recommend her for any event—she's got the message perfectly dialed in.

ERIKA ALLISON

“Renee was awesome.

Those 10 tips were very powerful, and those strategies will assist us if we implement them. They will assist us in arranging our lives, more harmony in our lives, as well as developing more discipline.

DR. PATRICIA ROGERS

“What really drew me to you was your story—it resonated deeply with me, as it mirrors my own background and upbringing. When someone has experienced what you have, you know they truly understand. Plus, as a Licensed Clinical Social Worker, I know how exceptional we are!

LAKEISHA HUGHES, LCSW,
CEO of Holistic Expressions

SIGNATURE TOPICS

- Resilience and Well-being in the Workplace: Strategies for Managing Stress and Burnout
- The Power of Mindful Leadership: How to Lead with Clarity and Confidence
- Empowering Women in Leadership: Strategies for Success
- Uncover Your Procrastination Style & Eradicate It: Achieving Success Through Action



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AS SEEN ON

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